

MONTH	THEME	CHAPTERS
November 16	Personal Development	<p>Self Discovery (p. 1-18)</p> <ul style="list-style-type: none"> • Awakening to Injustice • Discovering the Activist Inside • Getting Started • Recognizing Your Strength • Your Faith is Your Most Important Tool
December		
January 18	Professional Development	<p>The Path to Success (p. 19-28)</p> <ul style="list-style-type: none"> • Turning Adversity into Opportunity • Creating Success with an Attitude Adjustment • Setting Your Bar at Excellence
February 15	Mentoring Relationships	<p>Connection & Communication (p.29-40)</p> <ul style="list-style-type: none"> • The Power of Observing and Listening • Making a Creative Connection with Those You Want to Help • The Art of Receiving and Giving Help
March 21	Family/Work/Community Balance	<p>Balancing Act (p. 41-48)</p> <ul style="list-style-type: none"> • Defeating Your Negative Emotions and Staying Positive • Defeating Your Toxic Self-Interest • Taking Your Task Seriously and Your Personal Feelings Lightly <p>Working with Others (p.49-62)</p> <ul style="list-style-type: none"> • Developing Your Group Mentality • Building Idealism into Action and Results • R.E.S.P.E.C.T
April 18	Living With Purpose – What It Means to Me Now	<p>Conclusion (p. 63-86)</p> <ul style="list-style-type: none"> • Standing Up for Your Convictions • Seeing the Big Picture • Becoming a True Leader • How to Stay Tough and Be Soft at the Same Time • How Faith Will Get You Through Challenging Times • A Special Note to Women • Keeping the Dialogue Alive